

UNDETECTABLE = UNTRANSMITTABLE



## Celebrating the groundbreaking fact that **Undetectable = Untransmittable**

"If you diligently take your medicine and keep your viral load to below detectable levels, **you will not be dangerous to your partner**. We now have the scientific data to say **you may be "infected" but you are not "infectious"**." Anthony S. Fauci, M.D., Director, NIAID, National Institutes of Health

"This is a landmark development in the response to HIV and too many people are not hearing this message and receiving its full benefit. A person living with HIV with a sustained suppressed viral load **poses no risk of transmitting HIV.**" Jesse Milan, Jr., President & CEO, AIDS United

### The science is clear:

- Early, effective and consistent antiretroviral therapy enables people with HIV to live long, healthy lives.
- Groundbreaking studies and decades of observation confirm not a single HIV transmission between mixed status sexual partners when the person with HIV was on treatment with an undetectable viral load.

### The U=U message offers freedom and hope:

- Reduces the shame and fear of sexual transmission
- Dismantles HIV stigma on the personal, clinical and community level
- Encourages people living with HIV to start and stay on treatment which will improve personal and public health outcomes.
- Strengthens advocacy efforts for universal access.

**This revolutionary but still largely unknown U=U research needs to reach the people and the field it was intended to benefit. It's time to improve lives, end HIV-related stigma and propel us toward ending the epidemic.**

**Say it loud and clear: U=U!**

U=U is an international community of over 370 organizations and public health bodies from 50 countries dedicated to sharing the research in ways that work for their constituents. Learn more, find resources, and declare your endorsement of the U=U Consensus Statement of Prevention Access Campaign:

[www.preventionaccess.org](http://www.preventionaccess.org) [www.preventionaccess.org/espanol](http://www.preventionaccess.org/espanol)

**#UequalsU #ScienceNotSilence #FactsNotFear**